

Ages 6-24 Months (Adult Participation)

Listen & Wiggle (6-18 months) welcomes your baby to this exciting stage of growth and learning. Listen & Wiggle is just the right fit for babies 6-18 months with their caregivers. Colors, animals, and vocabulary are introduced through music, dance, and creative play. Together we build cognitive, physical, and social foundations. Your baby will love discovering self-expression and confidence alongside new friends as they **Listen & Wiggle**.

Baby Movers (18-24 months) enhances your baby's journey in conquering developmental milestones. Perfectly suited for babies 18-24 months with their caregivers, this class is an exciting way to build cognitive, physical, and, social foundations. Together we will promote fine and gross motor skills while encouraging spatial and body awareness through music, creative play, and an introduction to dance technique. Your **Baby Mover** is certain to discover self-expression and confidence alongside new friends.

Ages 2-7 Years (Adult Participation Optional)

Creative Movement (Ages 2-3): Introduces rhythm and musicality, elementary ballet skills, weight shifting, and imaginative movements referencing animals and nature.

Ballet/Tap Combo (Ages 3-5): This one-hour class introduces rhythm and musicality, elementary ballet and tap skills, weight shifting, and imaginative movements.

Tumbling (Ages 2-5): Intro to gymnastics fundamentals in a fun, playful environment. Class builds body awareness and motor skills through games and exercises utilizing mats, blocks, balance beam, and more!

Hip-Hop (Ages 2-5): Focuses on the popular urban style of dance. Class work consists of a cardio and strength building warm-up, stretching, and developing a vocabulary of steps and combinations.

Broadway Ballet (Ages 3-5): Introduces elementary ballet skills, weight shifting, and imaginative movements to the sounds and stories of your favorite musicals!

Class Prices

\$25	Single Class
\$115	5-class/ 2 month package
\$210	10-class/ 3 month package

Fall 2019 Class Schedule

September 16, 2019– January 19, 2020

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
6-18 months (Adult Participation)						
11:15 am-Noon	Listen & Wiggle		Listen & Wiggle			
2:00-2:45 pm					Listen & Wiggle	
18-24 months (Adult Participation)						
10:15-11:00 am	Baby Movers		Baby Movers			
10:45-11:30 am						Baby Movers
2-3 years old (Adult Participation)						
9:45-10:30 am						Tumbling
10:15-11:00 am	Hip-Hop	Creative Movement	Hip-Hop	Creative Movement	Tumbling	
		Tumbling		Tumbling		
11:15 am-Noon	Tumbling		Tumbling		Creative Movement	
3-5 years old						
10:00-11:00 am			Ballet/Tap Combo			
10:15-11:00 am	Hip-Hop				Tumbling	
11:00 am- Noon					Ballet/Tap Combo	
11:15 am-Noon		Hip-Hop		Hip-Hop		
		Tumbling		Tumbling		
3:00-3:45 pm		Hip-Hop	Broadway Ballet	Broadway Ballet		

